

WATERLOO TRIADS  
 TRIAD #2 - 2/26/2012

TJ DT 400M TRIAD II

DAN O'DWYER M25	7.25	16.98	0:01:11	
	39.7	22.1	60.5	<b>122.3</b>
RICK CAWLEY M50	DNF	DNF	DNF	<b>0</b>
CAROLYN MCCORMICK F65	6.09	12.36	01:44.0	
	58.9	25.6	61.4	<b>145.9</b>
JAMES SYNOTT M35	8.23	21.79	01:16.9	
	45.6	29.4	57.8	<b>132.8</b>
AARON CAWLEY M40	7.39	17.3	01:24.4	
	43.3	23.3	54.7	<b>121.3</b>
JENNIFER CAWLEY F35	6.5	22.54	01:39.0	
	45	30.2	50.2	<b>125.4</b>
JIM CAWLEY M65	7.92	29.29	01:32.8	
	65.7	49.5	58.8	<b>174</b>
JEFF BROWER M50	8.53	28.2	01:03.5	
	56.6	38.1	78	<b>172.7</b>
LAMAR GALLOWAY	DNF	DNF	01:10.0	
			73.1	<b>73.1</b>
BETH F30	DNF	32.07	DNF	
		41.8		<b>41.8</b>
PATTI MC F45	5.7	12.71	01:38.1	
	44.5	19.8	56.4	<b>120.7</b>
BRUCE MC M50	9.2	21.79	01:06.5	
	61.1	29.4	74.5	<b>165</b>
GENE M55	DNF	32.3	DNF	
		47.9		<b>47.9</b>
CARSON Mc F12	3.59	5.86	01:49.5	
	34.7	12.1	58.3	<b>105.1</b>
EMMA MC F12	2.28	3.79	02:22	
	22	7.8	44.9	<b>74.7</b>