



USATF WINTER FUN MEET

Keep this for your reference

- WHEN:** Feb 20
- WHERE:** Vista Ridge High School, Cedar Park, Tx
<http://www.mapquest.com/maps?city=Cedar+Park&state=TX&address=200+S+Vista+Ridge+Pkwy&zipcode=78613-3901&country=US&latitude=30.51618&longitude=-97.789277&geocode=ADDRESS>
- ENTRY FEES:** \$15 first event, \$5 thereafter
Mail following info: name, age, sex, events(best times/marks in 2009) with check payable to: Track4Life. PO Box 28542, Austin, Tx 78755
ALL MUST SIGN WAIVERS AT CHECK-IN(Adults sign for 18&Under)
- DISCOUNTS:** TEAM entries sent in together, entire team \$250 unlimited events
Leander Students: \$5/event or \$25 unlimited events.
- LATE REG:** \$25/event after Feb 15(No discounts apply)
- AWARDS:** Medals, places 1-3 by sex and event
- AGE GROUPS:** 2-Year Age Groups beginning at age 3 through 18; Open Div(19-29);
5-Year Age Groups beginning at 30 and up.
- CONCESSIONS:** Proceeds benefit Vista Ridge High Booster Club

TRACK EVENT SCHEDULE-Rolling Start Left-Right, 9AM **Finish Lynx Timing**

1500 Racewalk	100/110 Hurdles	3000 Racewalk
50	5000	100
800	4x100 Relay	200
BREAK	400/300/200 Hurdles	4x200 Relay
400	1500	4x400 Relay

FIELD EVENT SCHEDULE

9AM: High Jump	10 AM: Long Jump, Discus, Shot, Javelin
11AM: Pole Vault	NOON: Triple Jump
1PM: Hammer, Weight	3PM: Superweight

Questions? Seth Brower(512-794-3818); track4life@earthlink.net